2019

ACCREDITED AUSTSWIM TEACHER™

AUSTSWIM COURSE

Professional Development

D SWIM ACADEMY SDN BHD

PRESENTED BY

AUSTSWIM educators in aquatics

DSA D Swim Academy

TEACHING MORE THAN JUST Swimming

www.dswimacademy.com | info@dswimacademy.com | 1300 222 372

AUSTSWIM COURSES 2019

AUSTSWIM Teacher of Swimming and Water Safety™

Duration:
16-20 hrs (Theory & Practical Presentation)

Content:
1. Overview of AUSTSWIM and the aquatic industry
2. Legal responsibilities for the AUSTSWIM teacher
3. How people learn
4. Being an effective teacher
5. Aquatic Safety, survival and rescue skills
6. Principles of movement in water
7. Water familiarisation, buoyancy, mobility and safety
8. Teaching safer diving skills
9. Towards efficient stroke development
10. Plan, deliver and review a lesson

Assessment:
During the course
1. Continuous Aquatic Sequence
2. Demonstrate competence in resuce techniques
3. Demonstration of skills for teaching purposes
4. Lesson Planning
5. Show evidence of holding a current Cardio Pulmonary Resuscitation (CPR) award

To be completed after attending the course
1. Online theory assessment
2. Practical demonstration of teaching skills, including preparation of lesson plans
3. Practical teaching hours including observation, supervised teaching and verification of teaching competency
4. Teacher Declaration (completed online with theory assessment)
5. Submission of photo for AUSTSWIM Teacher License™
6. A copy of a current Cardio Pulmonary Resuscitation (CPR) award

(All assessment components must be satisfactorily completed within 12 months from the date of commencement of the course)

EXTENSION COURSES

AUSTSWIM Teacher of Infant & PreSchool Aquatics (INF)

Duration:
8-14 hrs (Theory & Practical Presentation)

Content:
1. Philosophy of infant and preschool aquatics
2. Early childhood development
3. Teacher, parent and child relationships
4. Health, hygiene and water safety
5. Water familiarization
6. Aquatic skill development
7. Plan, deliver and review a lesson

Assessment:
During the course
1. Continuous Aquatic Sequence
2. Demonstration of skills for teaching purposes
3. Lesson Planning

To be completed after attending the course
1. Online theory assessment
2. Practical demonstration of teaching skills, preparation of lesson plans
3. Show evidence of holding a current Cardio Pulmonary Resuscitation (CPR) award
4. Teacher Declaration (completed online with theory assessment)
5. Submission of photo for AUSTSWIM Teacher License™

AUSTSWIM Teacher of Towards Competitive Strokes (TCS)

Duration:
8-10 hrs (Theory & Practical Presentation)

Content:
1. Towards competetive strokes
2. Learning – make it work
3. External influences and conditions
4. Development of competitive strokes technique
5. Instructional styles

Assessment:
During the course
1. Continuous Aquatic Sequence
2. Demonstration of skills for teaching purposes
3. Lesson Planning

To be completed after attending the course
1. Online theory assessment
2. Practical observation hours
3. Show evidence of holding a current Cardio Pulmonary Resuscitation (CPR) award
4. Teacher Declaration (completed online with theory assessment)
5. Submission of photo for AUSTSWIM Teacher License™

AUSTSWIM Teacher of Aquatics - Access and Inclusion (TAI)

Duration:
8-10 hrs

Content:
1. A journey through aquatic participation
2. Safety and legal issues
3. Communication and perception
4. Plan, deliver and review
5. Skills for movement through water

Assessment:
During the course
1. Continuous Aquatic Sequence
2. Practical demonstration of teaching skills, including the preparation of lesson plans

To be completed after attending the course
1. Online theory assessment
2. Practical demonstration of teaching skills, including the preparation of lesson plans
3. Show evidence of holding a current Cardio Pulmonary Resuscitation (CPR) award
4. Teacher Declaration (completed online with theory assessment)
5. Submission of photo for AUSTSWIM Teacher License™

(All assessment components must be satisfactorily completed within 12 months from the date of commencement of the course)

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Course Provider: DSA D Swim Academy

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AUSTSWIM COURSES 2019

Courses Schedule & Details *(Please read carefully)*

TERM	COURSE	DATE	TIME	VENUE	FEE
March	AUSTSWIM Teacher of Swimming Water Safety™ *(TSW)*	2 & 3 Mar *(Sat & Sun)*	9am - 6pm	DSA Bukit Jalil	AUD 540
May	AUSTSWIM Teacher of Swimming Water Safety™ *(TSW)*	24 & 25 May *(Fri & Sat)*	9am - 6pm	DSA Bukit Jalil	AUD 540
	AUSTSWIM Teacher of Infant and Preschool Aquatics *(INF)*	26 May *(Sun)*	9am - 6pm	DSA Bukit Jalil	AUD 430
August	AUSTSWIM Teacher of Swimming Water Safety™ *(TSW)*	16 & 17 Aug *(Fri & Sat)*	9am - 6pm	DSA Bukit Jalil	AUD 540
	AUSTSWIM Teacher of Towards Competitve Strokes™ *(TCS)*	18 Aug *(Sun)*	9am - 6pm	DSA Bukit Jalil	AUD 430
November	AUSTSWIM Teacher of Swimming Water Safety™ *(TSW)*	9 & 10 Nov *(Sat & Sun)*	9am - 6pm	DSA Bukit Jalil	AUD 540

The course time-table should be used as a guide only as times allocated may be subject to change due to unforseen circumstances.
Deadline: Course applications should be made 14 days before the date of the course *(RM 100 administration charges for late applications)*

HOW DO I ENROLL FOR A COURSE?

Pre-requisites

TSW
- Aged 16 years or above
- Reasonable level of fitness and swimming ability
- Able to swim 50m on front with face in water (displaying comfortable breathing technique)
- Able to swim 50m on back

TCS
- Aged 17 years or above
- holding a TSW certificate / joining TSW at the same term or
- Provide a reference letter from employing organisation which verifies a minimum of 30 hours on deck coaching evidence

INF
- Aged 17 years or above
- holding a TSW certificate / joining TSW at the same term

TAI
- Aged 17 years or above
- holding a TSW certificate / joining TSW at the same term

COURSE FEE PAYMENT

Online Payment

Visit our online payment facility at **www.dswimacademy.com** and follow the instructions to complete your payment and registration for the courses.

Bank Transfer

Maybank 2 U Transfer or bank in to
A/c Name: **D SWIM ACADEMY SDN BHD**
A/c No: **5648 4710 4977**

Cash/Cheque Payment

D SWIM ACADEMY SDN BHD
Credit cards accepted (Master & VISA)

Courses will be confirmed after aminimum of 10 applicants express interest and confirm to apply.

COURSE VENUE

D SWIM ACADEMY, BUKIT JALIL
National Aquatic Centre, KL Sports City, Bukit Jalil
57700 Kuala Lumpur, Wilayah Persekutuan, Malaysia
Customer Care Line: 1300 222 372 Email: info@dswimacademy.com www.dswimacademy.com

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Additional Information *(Please read carefully)*

The following will be provided for you at the course:

- A Teacher of Swimming and Water Safety Candidate Handbook.
- The AUSTSWIM Teacher of Swimming and Water Safety™ Manual.

What should you bring for the course:

- You need to bring some snacks or food, swimwear, swim cap, spare towel, notepad and pen.

Assessment Items which are required to completed and/or forwarded after the presentation of the Course are:

- **Online Theory Assessment**
  The Online exam, Teacher Declaration and Course Assessment are accessed via AUSTSWIM website **www.austswim.com.au**
  To access the Online exam Teacher Declaration and Course Assessment, Click *e-learning Centre* on the Home page and enter your Log in details following the instructions as:
- If you enrolled in a course online or already hold a license go to instruction 5, all others will need to *"activate their account," "click here" (under the login spot)*
- Enter your unique email address. This will be the address you originally entered on the data base or used on any Hard copy Application. If you have a problem with this call **AUSTSWIM on +61 3 9562 7900**
- Enter a password and confirm the password
- A confirmation email will be sent, and you use the link from that email to complete the activation
- Go to the "*e-learning centre*" and log in.

You may commence any time after the start of the presentation of the Course. The login details will also be used for all future AUSTSWIM online features, however access to the current course materials only remain valid for a period of 12 months.

The exam consists of multiple-choice questions. All questions must be answered correctly in order to successfully complete the exam. The exam is open book and does not need to be completed in a single sitting. You can do as much as you like each time you access it until complete. Candidates receive instant verification upon successful completion of the exam. The Teacher Declaration and the Course Evaluation must be completed online before the exam is considered complete.

Cardio Pulmonary Resuscitation Certificate

The candidate must provide evidence of holding a current approved Cardio Pulmonary Resuscitation (CPR) award, including one and two operator techniques and discussion and practice of modifications for children and infants. It is not necessary to have this prior to attending the course. To be current, the CPR must have been gained within one year previous to the date all course requirements will be completed and may be included in a Pool or Surf Bronze, Pool Lifeguard, First Aid certificate or similar award. It is not necessary to send an original; a photo copy is sufficient.
It can be provided at the course to save extra work later.

Verification of Teaching Competency

To be assessed on Teaching Competency skills by a current licenced AUSTSWIM Assessor.
It is the Candidates responsibility to find a place to complete this assessment. AUSTSWIM Registered Swim Schools as found on **www.austswim.com.au** is the first place to look.

Candidate Guidelines

Before being eligible to be verified for Teaching Competence a candidate must have:

- Completed an appropriate number of supervised teaching experience hours and received advice from the supervising teacher that they are ready to have their Teaching Competency verified.
- Prepared 3 lesson plans appropriate to the lesson they have been allocated.
- The lesson plans must be completed, and should be planned for a duration of 30 minutes and have a minimum of 4 participants who are aged from 4 years to adults. The class size will vary depending on the ability of the students. Prior to commencing the verification of the Teaching Competence lesson, candidates must provide the assessor with these lesson plans.

The Verification of Teaching Competency Form is to be signed:

- By the verifying assessor and the candidate. Where possible it is recommended the assessor signing this form is different from the person who supervised the teaching experience hours. Note that the assessor cannot be a relative or guardian of the candidate.
- If the candidate successfully completes all the criteria to the satisfaction of the assessor the Verification of Teaching Competency Form is to be signed and returned to the candidate.
- If the candidate does not meet all of the criteria they are encouraged to complete more teaching experience before presenting for re-verification.

Photo ID

Form 7 in the Handbook you receive at the course. Please read the instructions carefully. Make sure the Guarantor meets the requirements as per Section 2 on the Form and they complete Section 3 and sign on the back of the photo.

When you have completed Assessment Items 2 to 4, please return by hard mail to the Course Provider's address. Do not e-mail. All Assessment Items MUST be completed within one year from the date of the commencement of the Course presentation. It is your interest to retain a copy of ALL forms sent.

AUSTSWIM COURSES 2019

Additional Information *(Please read carefully)*

The following will be completed at the Course:

Practical Assessment of Rescue Competencies

General Guidelines

Holders of current RLSS Pool Lifeguard or Bronze, or Surf Bronze medallion certificates or equivalent may apply for recognition of prior learning (RPL) from undertaking this assessment. The certificate must be current when the AUSTSWIM Teacher of Swimming and Water safety certificate is ready to be issued.

To apply for RPL the candidate must provide a copy of the certificate to the AUSTSWIM Course Provider/Presenter as evidence.

Candidates will be dressed in swimwear for all practical assessments. The successful demonstration of rescue techniques is an indication of the skills at the time of the assessment. Regular practice is required to ensure that the required skill level is maintained.

1. Rescue Competencies

AUSTSWIM candidates are required to show competence in performing each of the following Non-Swimming Rescues that can be used at a pool or in confined natural shallow water.

- Reach rescue
- Rope throw rescue
- Throw a flotation aid

AUSTSWIM candidates are required to show competence in performing each of the following swimming Rescues that can be used at a pool or in confined natural shallow water.

Wade Rescue

In shallow water, a weak swimmer is in difficulty 10 to 15 metres from the point of entry. An aid (rigid or flotation) is available. Using an appropriate entry, perform a 10 to 15 metre wade rescue. Show the best practice method for maintaining self-preservation and reassure the swimmer to climb out.

Non-contact Rescue (or accompanied) with defensive techniques

A conscious weak swimmer is in difficulty 10 to 15 metres from the point of entry. An aid (rigid or flotation) is available. Using an appropriate entry, perform a 10 to 15 metres non-contact rescue. Show the best practice method for maintaining self-preservation. Reassure and assist the swimmer to climb out. This rescue should be performed at the deepest part of the pool.

Contact Tow (Recover and Resuscitate) with water search procedures

A drowning person is on the pool floor.
Candidates must: Enter the water from the poolside. Search for a drowning person. Recover a person or an object from a depth of 1 – 2 metres. Return to the surface using an object. Substitute the object for the person simulating unconsciousness. Take the person to the nearest point of support. Simulate rescue breathing. This rescue should be conducted at the deepest part of the pool.

2. Spinal Injury Management

Vice Grip

Candidates must apply a vice grip for the immobilisation of a spinal injury to the neck of a person in shallow water (face down). Check for signs of life and then wade with the casualty for 5 metres. Summon assistance.

Extended Arm Roll-Over

Candidates must demonstrate an extended arm roll-over for the immobilisation of a spinal injury to the neck of a person in shallow water (face down). Check for signs of life and wade with the person to safety. Summon assistance.
Note: The extended arm roll-over should be conducted in water that is too shallow to conduct a vice grip.

3. Continuous Aquatic Sequence

In order to determine candidates are comfortable and confident in an aquatic environment, the candidate is required to complete a Continuous Aquatic Sequence comprising of:

- Enter the water with an appropriate feet first entry
- Float, scull or tread water for 1-2 minutes with feet off the bottom of the pool
- Fully submerge and swim underwater for 2 – 5 metres and re-surface
- Swim 40 – 50 metres on the front with face in water (displaying comfortable breathing technique)
- Rotate or roll onto back
- Swim 40 – 50 metres on the back
- Exit the water appropriately.

It is to be noted that this is to be completed as one continuous sequence without rest stops.

4. Practical Demonstration of Teaching Skills.

This activity is designed to assess the candidate's ability to demonstrate for teaching purposes specific teaching of swimming and water safety skills. The method of assessment is Role play.

Assessment guidelines

- This activity is to occur during the practical components of the course presentation.
- Candidates are required to instruct a minimum of one skill from each of 4 categories to a small group of candidates.
- ALL requirements must be completed within 12 months of undertaking the course.

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Additional Information *(Please read carefully)*

REFUNDS & CANCELLATION POLICY

- Transfers will incur an administration fee of 10% of the enrolment fee, if more than 2 weeks notice is given.
- If less than 2 weeks notice is given, transfers will incur an administration fee of 20% of enrolment fee.
- If a transfer is made for medical reasons, prior to the commencement date of the course, a transfer to another course will be provided free of charge.
  *Non-attendance at a course, or any subsequent make up sessions, or non-advice of cancellation within 48 hours prior to the commencement date of the course, except for medical reasons, will result in the forfeit of the full enrolment fee.
- If a cancellation is made for medical reasons, prior to the commencement date of the course, a transfer to another course will be provided free of charge.
- If a cancellation is made for medical reasons, after the commencement date of the course, a 20% administration fee will be charged.
- All other cancellations received no less than 48 hours prior to the commencement of the course, a 10% administration fee will be charged.

Transfer and Cancellation requests are to be sent to **Tullberg Aquatics**, and must include the following:

- Training course Transfer Form or Training course Cancellation Form (send email to *etullber@bigpond.net.au* to request a copy)
- Receipt of payment/enrolment confirmation
  *If a medical certificate is provided, transfers will be arranged free of charge
- In the event of the course being cancelled or postponed by AUSTSWIM or Tullberg Aquatics you will be offered a full refund or you may elect to transfer to another course.

PLEASE NOTE

If you have not received your Licence within 30 days please contact the Course Provider.
Please do not contact the Course Provider before this time.

Candidates must be a minimum of 17 years of age to receive their Licence. We look forward to your attendance and know that you will receive a lot of useful skills and ideas to assist in your teaching of swimming and water safety. If we can assist further please do not hesitate to contact

D SWIM ACADEMY SDN BHD
Level 3, National Aquatics Centre Bukit Jalil, Kuala Lumpur Sports City, 57000 Kuala Lumpur, Malaysia.
Customer Care Line: 1300 222 372
E-mail: info@dswimacademy.com

OR

TULLBERG AQUATICS
AUSTSWIM Course provider ABN 98 486 852 056
P O BOX 2102, BENNETTSWOOD,
VICTORIA, AUSTRALIA 3125
E-mail: etullber@bigpond.net.au

***The enrolment fee includes: All course requirements and resources and Insurance coverage while undertaking the Course and post course on the job requirements and for 3 years once AUSTSWIM Accreditation for the training course is issued (conditions apply) but excludes CPR certification and photo identification.**

PRIVACY POLICY

The Course Provider adheres to the AUSTSWIM privacy policy (1.1.03) as available at
www.austswim.com.au under AboutUs/IndustryGuidelines

ACCESS AND EQUITY POLICY

AUSTSWIM and the Course Provider adhere to the AUSTSWIM Access and Equity Policy DOC 2.3.03 available at
www.austswim.com.au /AboutUs/IndustryGuidelines/Policies

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Terms & Conditions of Enrolment *(Please read carefully)*

1. **"AUSTSWIM"** for the purposes of this application and declaration means and includes AUSTSWIM Limited, its members (including the Branches) and where the context so permits, their respective directors, officers, members, servants or agents.
2. **If accepted I will be permitted** to participate in the AUSTSWIM Course subject to my complying with the terms and conditions of the AUSTSWIM Course, this declaration, the AUSTSWIM Administrative Procedures (to the extent relevant) and any reasonable direction issued by the AUSTSWIM Course organisers or their representatives. A copy of the relevant AUSTSWIM Administrative Procedures is available upon request from AUSTSWIM.
3. **This document cannot be amended**. If I do amend it my application will be null and void. It cannot be accepted by AUSTSWIM.
4. **Insurance** is in place that provides limited cover to me whilst I am participating in the AUSTSWIM Course. (For insurance details contact AUSTSWIM Head Office). I understand that this insurance may not cover me for all injury, loss or damage sustained by me and I can, in my own interests, seek and obtain personal insurances over and above the cover provided by AUSTSWIM.
5. **This declaration comprises a contract** between me and AUSTSWIM. It is necessary and reasonable for promoting and conducting the AUSTSWIM Course.
6. **Warning:** Participation in the AUSTSWIM Course can be inherently dangerous. Serious accidents may happen which may result in me being injured or even killed. I have voluntarily read and understood this warning and accept and assume the inherent risks in the AUSTSWIM Course.
7. **Exclusion of Liability:** Except where provided or required by law and such cannot be excluded, I agree that it is a term of my entry in the AUSTSWIM Course (if accepted) that AUSTSWIM is absolved from all liability however arising from injury or damage however caused (whether fatal or otherwise) arising out of my participation in the AUSTSWIM Course. I acknowledge that the services and benefits I receive in relation to the AUSTSWIM Course are "recreational services" as defined under the Trade Practices Act 1974. Where I am a consumer, as defined by any relevant law, certain terms and rights may be implied into a contract for the supply of goods or services for my benefit. I acknowledge that these terms and rights, and any liability of AUSTSWIM flowing from them, are expressly excluded, restricted or modified by these AUSTSWIM Course terms and conditions.
8. **Release and Indemnity:** In consideration of AUSTSWIM accepting my application for entry to the AUSTSWIM Course I: (a) Release and forever discharge AUSTSWIM from all Claims that I may have or may have had but for this release arising from or in connection with my participation in the AUSTSWIM Course; and (b) indemnify and hold harmless AUSTSWIM to the extent permitted by law in respect of any Claim by any person including but not only another participant in the AUSTSWIM Course arising as a result of or in connection with my participation in the AUSTSWIM Course.
9. **In this clause 8 "Claims"** means and includes any action, suit, proceeding, claim, demand, damage, penalty, cost or expense however arising but does not include a claim in respect of any action, suit, etc made by any person entitled to make a claim under a relevant AUSTSWIM insurance policy.
10. **Fitness to Participate:** I declare that I am and must continue to be medically and physically fit and able to participate in the AUSTSWIM Course. I am not and must not be a danger to myself or to the health and safety of others. I will immediately notify AUSTSWIM in writing of any change to my fitness and ability to participate. I understand and accept that AUSTSWIM will continue to rely upon this declaration as evidence of my fitness and ability to participate.
11. **Medical Treatment:** I consent to receiving any medical treatment that the AUSTSWIM Course organisers or their authorised representatives consider necessary or desirable during or after the AUSTSWIM Course. I also agree to reimburse AUSTSWIM for any costs or expenses incurred in providing me with medical treatment.

Privacy: I understand that the information I have provided overleaf is

12. Necessary for the conduct of the AUSTSWIM Course and for the objects of AUSTSWIM. I acknowledge and agree that the information will only be used by AUSTSWIM to facilitate the conduct of the AUSTSWIM Course and other courses conducted by AUSTSWIM, provided to third parties in relation to my prospective employment as a teacher of swimming and water safety and/or to provide me with promotional material from AUSTSWIM sponsors and third parties. I understand that I will be able to access my information through AUSTSWIM. If the information is not provided my application may be rejected. I acknowledge that if I do not wish to receive promotional material from AUSTSWIM sponsors and third parties I must advise AUSTSWIM in writing.
13. **Copyright in photographs and right to use:** I acknowledge and consent to photographs being taken of me during my participation in the AUSTSWIM Course. I acknowledge that the photographs are owned by AUSTSWIM and that AUSTSWIM may use the photographs for promotional or other purposes without my further consent being obtained. Further, I consent to the AUSTSWIM Course organisers using my name, image, likeness and also my performance in the AUSTSWIM Course, at any time, to promote the AUSTSWIM Course by any form of myself.

APPLICATION & DECLARATION

I have read, understood, acknowledge, and agree to the declaration overleaf including the warning, exclusion of liability, release and indemnity. I acknowledge that if my application to enter the AUSTSWIM course is successful I will be entitled to participate in the AUSTSWIM course. I also agree to the AUSTSWIM enrolment terms and conditions at www.austswim.com.au

Signature: ..... **Name:** ..... **Date:** .....

Where the applicant is under 18 years of age this form must also be signed by the applicant's parent/guardian.

Signature: ..... **Name:** ..... **Date:** .....

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